

# HAPPENINGS

ISSUE NO. 366

NOVEMBER 2020

SERVING PORT ST. JOHN & CANAVERAL GROVES

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www.happenings.net

## Lots of Holiday Happenings!

### Thanksgiving Baskets



It is very important to Space Coast Jr/Sr High School that we stay connected to our community and give back. And although we make that our mission all year long, the next few months is when we really want to make sure our families needs are met during our holiday seasons.

We are collecting Thanksgiving Baskets for families in need. We are all busy during these crazy times, so we wanted to give you plenty of time if you would like to participate in our Thanksgiving program.

We won't need the baskets until Monday before Thanksgiving. If you are unable to drop them off at the office, we will be able to pick them up.

If you are interested in making a Thanksgiving basket for a family or families, please contact Keri Weeks, Guidance Clerk / P.I.E. Coordinator at 321-638-0750, ext. 27009.

### A

### Hometown Christmas Parade

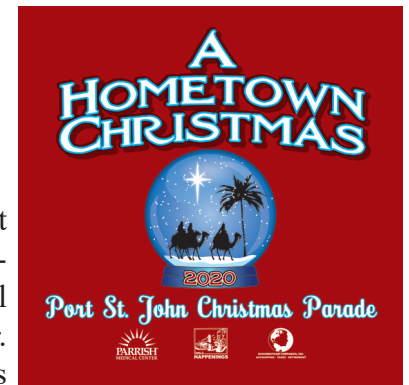
Yes, the Port St. John Christmas Parade will happen this year. The theme this year will be A

Hometown Christmas. The parade will be on Saturday, December 19th starting at 11 am. The route will be on Fay Blvd. going east from Waterloo Ave. to Carole Ave.

Due to COVID there may be less candy than usual. Those in the parade who continue the time-honored tradition of handing out candy will be required to wear masks and gloves.

Please bring a bag for your youngster's treasure trove.

The entry form is on the next page. Hope to see you there.



### FestiFALL Is Back!

FestiFALL 2020 will be on Saturday, November 7th at Fay Lake Wilderness Park. This 2nd year event is sponsored by the Port St. John Community Foundation.

FestiFALL will run from 10 am to 3 pm. The day will include live entertainment, game booths, Bounce Houses and much more as plans proceed. Check out the Facebook page for information: [www.facebook.com/PortStJohnCommunityFoundation/](http://www.facebook.com/PortStJohnCommunityFoundation/).

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Dear Neighbor,

This letter is to invite your organization to participate in the 30th Annual Port St. John Christmas Parade. The parade will take place on December 19, 2020, 11 AM, in Port St. John. The parade route will be east along Fay Blvd. from Waterloo Ave. to Carole Ave. We are planning for 60-70 entries this year. Please send your entry in early.

This year's parade theme will be "A Hometown Christmas." Floats and decorations should be planned toward the theme. All entries will be judged and plaques awarded. Categories include Theme, Christmas Spirit, Creativity, Marching Musical and Marching Non-Musical.

Floats should be no more than 17' high to clear power lines, and be 8' wide or less to travel to and from the staging area. They can be wider on the parade route. Marching groups should plan for a 20' wide roadway.

**This year, if you want to hand out candy, please be sure to have walkers accompany your float wearing masks and gloves.**

For everyone's safety, **CANDY MAY NOT BE THROWN FROM THE FLOATS AND**

# 2020 PSJ Christmas Parade

## VEHICLES.

There is a \$30 charge for any float or vehicle which advertises a business. The fee does not go up if there are multiple businesses on the same float. Nonprofit community support groups and public schools are \$15, unless they display banners and logos for a business on their float or vehicle(s).

**Call us to find out how to get your name on the parade shirts!** Your business name will be

added to all the Parade T-shirts, staff and public, for a minimum donation of \$50.

If there are noise considerations for your entry, please let us know immediately. We will try to spread out the bands and musical participants.

Any questions, suggestions, problems or needs should be directed to Randy Rodriguez at HAPPENINGS, 321-633-7499.

## Port St. John Christmas Parade Entry Form

NAME OF GROUP: \_\_\_\_\_

CONTACT NAME: \_\_\_\_\_

CONTACT PHONE: \_\_\_\_\_

CONTACT ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Are you having music? Y N Type of music: Band Caroling Other \_\_\_\_\_

Music Volume: Loud Moderate Soft

Do you have animals? Y N Type & number: \_\_\_\_\_

Approx. number of marchers in group (include moms, coaches, etc.): \_\_\_\_\_

# of vehicles (include follow vehicles): \_\_\_\_\_ Type: \_\_\_\_\_

**Include or attach a description of your entry for the Parade Announcer.**

Return to: HAPPENINGS, 600 Aloha Ave., Port St. John, FL 32927



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## PSJ Community Center Schedule - November, 2020

The center is open Mondays–Thursdays from 10 AM to 8 PM, Fridays from 9 AM to 6 PM, Saturday 10 AM-2 PM Schedule is subject to change. For latest information or to register, call 633-1904.

Port St. John Community Center has a new playground! Work has been completed. If you have bored kids at home and need a place for them to have fun and burn some energy, the Community Center is ready.

This 5.48-acre community park features a Community Center with a large activity room, kitchen and stage popular for rentals and youth programs. The center also includes two activity rooms which consist of two pool tables, a Ping Pong table and Foosball table. There's also a computer room that is open to the public for use.

Outdoors, the playground and basketball court are neighborhood favorites. Summer camp, Boys and Girls Scout clubs are run and offered as well at the facility. Meetings are suspended at this time for safety, but information is available.

When COVID restrictions ease up, if you are looking to get in shape or just want to get that heart rate up, fitness classes such as Zumba are available.

### Parks & Recreation Meeting



The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, November 12th, 2020, at 5:00 p.m.

The meeting will be held by telephone. The public is invited to attend by contacting the North Area Parks Office at 264-5105 and request to be added to the meeting. If you have an issue to bring before the Advisory Board, you can ask to speak on the phone conversation.



Indian River City United Methodist Women will hold the Annual Bazaar on Saturday, November 7, 2020, 9 AM until 3 PM, at Sand Point Park in Titusville. Because of the pandemic we are unable to hold it at the church. Enter the park from US1 just after Garden St. and follow the signs to the double pavilion.

All items are made by the ladies of the church. We will also have our baked goods and you may order by calling D.J. Olson at 636-0568. We will arrange how and when to get the ordered items to you.

All money we make goes to missions, many organizations in Titusville and some to Methodist groups in Florida.

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## Good Day! by Maureen Rupe Senate Bill 712/2020-150 (Important Septic Information)

Senate Bill 712 was submitted by Senator Debbie Mayfield and the bill was called the "Clean Waterways Act." The bill was sliced and diced by committees, cited by environmentalists as being too watered down, and others called it a good start in the right direction. For one thing, the Department of Environmental Protection is in charge now instead of the Department of Health.

Under 373.4131 statewide environmental resource permitting rules, it stated at one point that by January 2021 the department and the water management districts shall initiate rulemaking to update the stormwater design and operation regulations, including updates to the Environmental Resource Permit Applicant's Handbook. I just hope it doesn't take a couple of years to change the rules.

They are to consider and address low-impact design best management practices and design criteria that increase the removal of nutrients from stormwater discharges, and to ensure sig-

nificant reductions of any pollutant loadings to a waterbody.

There is a large part of this law concerning onsite sewer. 381.0065; Onsite sewage treatment and disposal systems. This section states the following takes effect by July, 2021: Adopt rules to administer increases the lot flow allowance for performance-based systems, requirements for separation from water table elevation during the wettest season, requirements for the design and construction of any component part of an onsite sewage treatment and disposal system, application and permit requirements for persons who maintain an onsite sewage treatment and disposal system, requirements for maintenance and service agreements for aerobic treatment units and performance-based treatment systems, and recommended standards, including disclosure requirements for voluntary system inspections to be performed by individuals who are authorized by law to perform such inspections and who shall inform a person having ownership, control or use of an onsite sewage treatment and disposal system of the inspection standards.

There seems to be a lot of new rules going

into effect for onsite sewage treatment including inspections, and how they must be constructed. According to the new law, the operating permit for a commercial wastewater system is valid for 1 year from the date of issuance and must be renewed annually. The operating permit for an aerobic treatment unit is valid for 2 years from the date of issuance and must be renewed every 2 years.

A person may not contract to construct, modify, alter, repair, service, abandon or maintain any portion of an onsite sewage treatment and disposal system without being registered under part III of chapter 489. A property owner who personally performs construction, maintenance or repairs to a system serving his or her own owner-occupied single-family residence is exempt from registration requirements for performing such construction, maintenance or repairs on that residence, but they still need to meet all permitting requirements.

I also believe it states whether the department may grant variances in hardship cases, which may be less restrictive than the provisions specified in this section. It might also say if sewer is

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available, you can't have on-site sewer with the following: "Paragraphs (a) and (b) do not apply to any proposed residential subdivision with more than 50 lots or to any proposed commercial subdivision with more than 5 lots where a publicly owned or investor owned sewage treatment sewerage system is available." Paragraphs a & b talk about subdivision lot sizes, setbacks, sewage outputs and whether the subdivision has public water.

I'm still reading the rules between all the legal jargon, so I will put in anything I missed next month after I dissect it all. You can see the law and look at all the rules yourself at the reference below.

Reference:

<https://openstates.org/fl/bills/2020/SB712/>

### Environmentally Endangered Lands

According to the Brevard County Environmentally Endangered Lands (EELs) website, the EELs Program was established in 1990 to protect the natural habitats of Brevard County by acquiring environmentally sensitive lands for conservation, passive recreation and environmental education.

This was made possible by citizens who voted to tax themselves up to \$55 million dollars for the acquisition and maintenance of Brevard's natural areas. Residents reaffirmed the EEL Program in 2004 under a second referendum to protect the natural habitats within Brevard County by the acquisition of environmentally sensitive lands through a willing seller program for the purpose of conservation, passive recreation and environmental education."

EELs will have to come up for a referendum in the next two years to continue the program. The program has enough funds to go until 2022. Under the current agreement, the county paid a small portion, but the county agreed to maintain the properties that the state owns the title to. The referendum will be for maintenance of EELs properties. Here is a listing of Endangered Lands in Brevard County:

In North Brevard:

Dicerandra: 44 acres; State holds 100% title, Brevard County paid \$200,963.50 towards the purchase.

Fox Lake Sanctuary: 2568 acres; Brevard County holds the title.

Indian Mound Sanctuary: 85 acres; Brevard County holds the title.

South Lake: 155 acres; Brevard County holds the title.

Enchanted Forest: 468 acres; State holds title to 393 acres (85%); Brevard County holds title to 69 acres (15%). Brevard County paid \$3,262,11759 towards purchase.

Scottsmoor Flatwoods Sanctuary: 1521.66 acres; Brevard County holds the title.

Total North Indian River Lagoon: 413.78 acres; State holds title to 342.36 acres (70.6%), Brevard County holds title to 71.42 acres (29.4%).

In Central Brevard:

Cruickshank: 160.62 acres; State holds title  
Thousand Islands: 338.0 acres; Brevard County holds title.

Ulumay Sanctuary: 295.42 acres; Brevard County holds title.

Capron Ridge: 21.0 acres; Brevard County holds title.

Johnson: 99.20 acres; Brevard County holds title.

*cont., next page*



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### **Good Day!, cont.**

Kabboord Sanctuary: 5020 acres; Brevard County holds title.

Plne Island Conservation Area: 872.21 acres; Brevard County holds title with St. Johns River Water Management District; Brevard County paid \$2,395, 637.33 towards purchase.

In South Brevard:

Grant Flatwoods/Micco Scrub: 4324.43 acres; State holds title to 2776.27 acres (64.2%); Brevard County holds title to 1548.16 acres (35.8%). Brevard County paid \$4,862,481.57 towards purchase.

Jordan Scrub Sanctuary: 749.49 acres; State holds title to 354.42 acres (47.3%); Brevard County paid \$704,931.70 and holds title to 395.07 acres (52.7%).

Malabar Scrub Sanctuary: 579.19 acres; State holds title to 570.34 acres (98.5%); Brevard County paid \$3,086,676.10 and holds title to 8.85 acres (1.5%).

Crane Creek: 22.64 acres; Brevard County holds title.

In South Brevard Beach Area:

Barrier Island Center: 34.22 acres; Brevard County holds title.

Washburn Cove: 39.13 acres; State holds title.

Maritime Hammock: 166.71 acres; State holds title.

Coconut Point: 61.58 acres; State holds title.

Hog Point: 20.18 acres; State holds title.

Hardwood Hammock: 35.78 acres; State holds title.

Ocean Ridge: 11.41 acres; State holds title.

At this time, if we don't put stormwater and wetlands on the priority list, we will have flooding, there is no doubt about it. Our endangered

lands must be maintained for all who enjoy the outdoors and most of all, for our children and grandchildren. There will be somewhere they can go to find nature as it was meant to be.

Reference: <https://www.brevardfl.gov/EEL-Program/home>

### **Another Update on the Roads to Nowhere**

I read a Sep. 16, 2020 article in the Lakeland Ledger by Gary White titled, "Analysis: 3 planned toll roads, including project from Polk to Collier, not fiscally feasible." Apparently, an analysis was conducted by Cornell Consulting, a student-led firm at Cornell University. "The group conducted 500 simulations for the three roads, using a range of variables for each, and not one found that the roads would meet a key requirement for FDOT projects: repaying construction costs within 15 years."

The study wasn't just a high financial risk for Florida, it also showed the toll roads caused environmental harm which negated some of the benefits that was obtained. "M-CORES is a financially risky project with a significant price tag and little data demonstrating a true transportation need," the Cornell analysis said. The analysis also found none of the roads met the key FDOT requirement of financial payback within 15 years.

There has also been 15 months of public comments and meetings and the Florida DOT has yet to provide the public or its members what was said in the public comments. On October 14, the No Roads to Ruin Coalition is briefing what they have gathered, categorized and summarized, along with the probable reasons for why FDOT seemingly lack of transparency. "The report projected the total cost of the three roads at \$10.3 billion."

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Reference:

<https://www.theledger.com/story/news/local/2020/09/16/study-3-planned-toll-roads-including-project-polk-collier-not-fiscally-feasible/5819819002/>

<http://noroadstoruin.org/fdot-fails-to-provide-critical-m-cores-details-cornell-consulting-fills-the-void/>

### Still on the Roads to Nowhere

I read another story published on Oct. 12, 2020 article in the Port Charlotte Sun, titled, "Task Force could not agree on need for a giant toll road," where it explained the 100 member task force on the southern tier couldn't even decide if they needed this new toll road.

According to the story there is significant opposition: "Environmentalists across the state have heaped criticism on the project, saying

it will destroy habitat for the Florida panther, bankrupt the state and divert funds from critical environmental projects such as sewage treatment improvements.

Due to Covid, the task force for the largest of all the three segments, this one covering Collier to Polk counties, will finally host it's last meeting on October 19 at the Tampa Convention Center. This last meeting is also the first in-person meeting after months of having virtual meetings. The story ended by stating: "There will be an open house from 5:30 to 7:30 p.m., Oct. 20 at the Charlotte Harbor Event and Conference Center in Punta Gorda. The public can read the final report and submit comments online at [www.floridamcores.com](http://www.floridamcores.com). They can also mail comments to FDOT, 605 Suwanee St., MS 54, Tallahassee, FL 32399."

Reference:

[https://www.yoursun.com/charlotte/news/task-force-could-not-agree-on-need-for-giant-toll-road/article\\_8161976e-080e-11eb-a942-536cf53de829.html](https://www.yoursun.com/charlotte/news/task-force-could-not-agree-on-need-for-giant-toll-road/article_8161976e-080e-11eb-a942-536cf53de829.html)

### Bio-Solids

Florida and Brevard County seem to be set on getting off of our septic tanks and connecting everyone to sewer. Unfortunately, sewers are only treating the pathogens and then spreading the Nitrogen and Phosphorus rich biosolids as fertilizer. This doesn't even include the huge number of chemicals not being tracked that is in these biosolids.

An article in the September Issue of Scitech-daily.com by RMIT University in Melbourne, Australia titled, "How to Harness the Power of  
*cont., next page*



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## Good Day!, cont.

Biosolids to Make Hydrogen From Wastewater," told of a new, patented process. "In the new method, published in the International Journal of Hydrogen Energy, biosolids are first converted to biochar — a carbon-rich form of charcoal used to improve soil health. The biosolids-derived biochar contains some heavy metals, which makes it an ideal catalyst for producing hydrogen out of biogas."

Reference:

<https://scitechdaily.com/how-to-harness-the-power-of-biosolids-to-make-hydrogen-from-wastewater/>

**TICO Airport (Space Coast Executive Airport)**

It's going to be another month before I bring you the story about the airport and Verona Homes, how we have the current runway situation over our community, and how we will soon have car traffic from the more than 1,277 single family homes planned for just north of us on Grissom Pkwy.

Cheerio,  
Maureen Rupe  
rupe32927@earthlink.

## Port St. John Cares

Communities across the country have been hit hard in these uncertain times and PSJ is no exception. Almost everyone has been affected by the loss of jobs or hours cut, businesses closing, schools, preschools and daycares closed. We all have friends and neighbors suffering the circumstances and trying to make ends meet.



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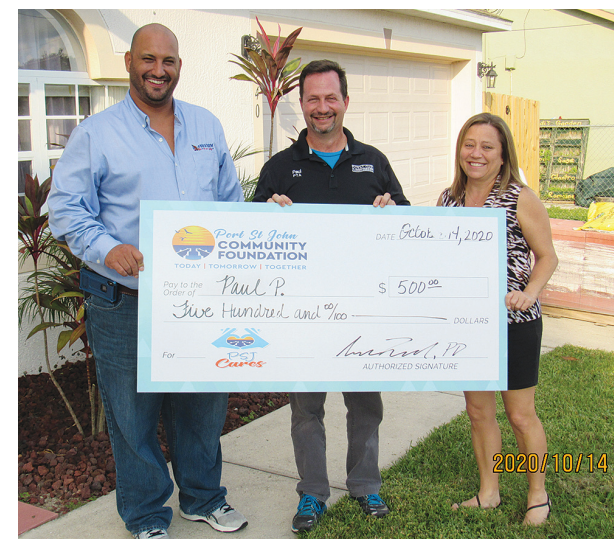
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**Angie's list**

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The Port St John Community Foundation has launched PSJ CARES to help those families in need. Helping now and beyond as we transition to our new normalcy.



Andrew Procell and Tia Mahan from Port St. John Community Foundation presenting check.

Port St. John Cares selected Paul to assist this month. Paul was nominated for assistance as he stepped up to care for his kids and his wife who recently passed from brain cancer. Paul had to miss work and has extensive medical bills to pay. 2020 has been a rough year for so many of us and losing a loved one due to any illness is hard enough. Being unemployed with a family to take care of is another common issue right now.

We have seen our community come together to support one another. We can always use help in volunteering and or donations. If anyone would like to donate to help families in this time of need or nominate a family or individual in need for PSJ Cares, please go to <http://www.PortStJohnCommunityFoundation.com>. Contact information is on the site. Port St. John Strong!

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## The Benefits of Teaching Young Children Sign Language

~ Linda Wells

Sign Language has not only attracted attention from researchers, but parents and teachers as well, and has been embraced globally. Research has shown that teaching young children, even as early as infancy, is beneficial in interaction and makes the child bilingual.

Teaching young children sign language has proven to help with communicating with parents, guardians, peers and caregivers before developing speech capabilities. Communicating is a significant part of children learning, from both adults and their peers. However, at a young age words might not come out clearly, or children may not comprehend them or may not yet have the ability to pronounce words. Sign language becomes an option and allows children to express their words with using sign as the motor skills needed for sign language will develop before the motor skills for speech production develop.

Research shows that sign language speeds up speech development since young children have the ability to sign before they can fully understand the terms of words. It is also significant in vocabulary enhancement as children will relate particular words to signs. Furthermore, deaf or hard of hearing children establish a foothold to communicate through sign before developing other abilities.

Sign language helps them become accustomed to paying attention to other's social gestures and themselves. It teaches them tactile cue, visual cues, and physical cues. When children become conscious of their motions, they can be part of the communication cycle and understand what is happening around them. Despite the increased

advantages of teaching sign language, there have been suggestions that sign can delay speech. However, experts have found these facts to be the opposite. Researchers have found that children who have the ability to sign can develop speaking capabilities earlier than those who do not.

In my experience with the children I have had in my home daycare that I taught basic sign language to, I found that it helps them communicate with myself and the other children. I have had a couple of children who were either deaf or hard of hearing, as well children who have been on the autistic spectrum, and when they weren't able to be verbal, they would become frustrated and then act out in a negative manner. But I noticed once they started to learn some basic signs, they wouldn't get as frustrated and I noticed they participated more. A couple of examples are circle time. We would sign songs, colors, animals, meal times and snack times and they became easier for the children. They would be able to communicate if they wanted more food or drink, or if they were finished.

In conclusion, teaching children at a young age (from infancy up) can help them have not only better communication skills, but helps with reducing frustration, tantrums and acting out, and builds self esteem, confidence and interaction.

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Dynamic writers group in Cocoa, FL offers training, critiques, and paid writing opportunities. (2nd Sundays, 2-4:30 PM at Cocoa Library.)

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**Service Times**

**Sunday:** 8:00 Am and 10:00 AM Eucharist  
10:00 AM on Facebook Live  
[www.facebook.com/StPatspsj/](http://www.facebook.com/StPatspsj/)  
Children's Sunday School  
during 10:00 am service

**Wednesday:** 6:00 PM Eucharist

Because of COVID-19 Please see website for most up to date Information.  
[www.stpatrickspsj.org](http://www.stpatrickspsj.org)

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# Understanding Medicare Star Ratings & Special Enrollment Periods

The Centers for Medicare & Medicaid Services (CMS) uses a 5-star rating system to help consumers, their families and caregivers compare Medicare Advantage plans based on each plan's quality and performance. Each year, plans are given a rating between 1 and 5 stars.

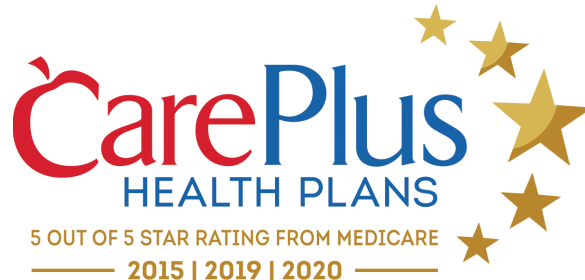
So, what does a health plan's star rating mean?

**In 2020, CarePlus earned a 5-star rating for the 3rd time**, which means CMS considers CarePlus to be an excellent plan. CarePlus was awarded a Special Enrollment Period by Medicare because of our 5-star rating. That means you don't have to wait until October to enroll in CarePlus. You can enroll at any time during the year! Also, if you are currently enrolled in a Medicare Advantage plan and aren't completely satisfied, you can switch to CarePlus today and start receiving 5-star treatment!

CMS considers over 40 measures when determining a plan's overall star rating. Some of the categories Medicare measures when determining star ratings are:

- ★★★★★ 5 stars - excellent
- ★★★★ 4 stars - above average
- ★★★ 3 stars - average
- ★★ 2 stars - below average
- ★ 1 star - poor

- Member Experience
- Customer Service
- Managing Chronic Conditions
- Staying Healthy
- Complaint Resolution & Health Plan Performance



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So why wait for 5-star quality? Join CarePlus today! Call a licensed CarePlus sales agent to see if CarePlus is right for you.

**(321) 751-7645 (TTY: 711)**

From October 1 - March 31, we are open 7 days a week; 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within one business day.

Brevard and Indian River counties. CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. Every year, Medicare evaluates plans based on a 5-star rating system.

It is important you are treated fairly. Discrimination is against the law. CarePlus Health Plans, Inc. does not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. CarePlus complies with all Federal and State Civil Rights laws. Language assistance services, free of charge, are available to you. Call 1-800-794-5907 (TTY: 711).



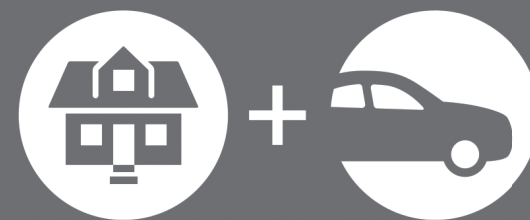
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## Monthly Tax Update

This month I'm going to address your mileage log. Your mileage log is to support the miles driven for business reasons. Under the Tax Cuts and Jobs Act (TCJA), the mileage deduction for employees is no longer available. Sole proprietors filing on Schedule C and other business entities are still eligible for a business deduction for the use of their automobile.

What do you need to pass an audit of your mileage, which, by the way, is a hot spot for examination? Once your audit examination begins, the examiner likes to see this record. If the record is missing or lacking, the IRS examiner knows your other records are probably lacking, too. This is one record everyone hates to maintain and the auditor knows this. A taxpayer's failure to keep a mileage log on vehicles indicates that the activity under examination is not being conducted in a businesslike manner.

I'm not sure if you know this, but as a one-owner or husband-and-wife-owned business, regardless of whether it is a corporation, a partnership, or a proprietorship, you are required to file Form 4562. This form asks you for the following information about your vehicle(s) mileage: Do you have evidence to support the business/investment use claimed? (If "yes," is the evidence written?); List your total business/investment miles on each vehicle; List your total commuting miles on each vehicle; and list your total personal miles on each vehicle. You also have to disclose whether the vehicles are used by either a sole proprietor or an owner of more than 5 percent of a corporation, a partnership, or another entity for up to six vehicles, and you have to do an attachment if more than six. This mileage log is the record to substantiate the proof you need to use for the tax form questions.

If you are lucky enough to receive the inquiry as a correspondence audit, then it requires you to provide the following information to support your deduction: Copies of repair receipts, inspection slips and other records reflecting the vehicle mileage on that date; Copies of logbooks and other records to support the business mileage claimed; A copy of your appointment book or calendar of business activities for the year; and if you are claiming actual expenses, copies of paid bills, invoices and canceled checks for

automobile expenses. These would include gas, oil, tires, repairs, insurance, interest, tags, taxes, parking fees, and tolls with a copy of the bill of sale or other verification to establish your basis in the vehicle, including the trade-in of another vehicle. This information provides the auditor the opportunity to match the repair bill odometer reading with the mileage in your logbook; the inspection slip odometer reading with the mileage in your logbook; the mileage between repair stops, to see whether that ties in with your claimed mileage; and establishes the business purpose that ties in with your appointment book or other calendar of business activities. Each record should support the other and vice versa.

If you want to avoid your mileage deduction from being disallowed, keep a good mileage log. This includes not only the beginning and ending mileage, but who you went to see and the purpose of the trip. The mileage log is often one of the first records that an IRS examiner will look at. A good mileage log shows that you know the rules and you respect them. Many IRS audits end favorably and quickly upon presentation of a good mileage log.

I also want to express how thankful I am to provide my monthly article for you. Our office hopes you have a wonderful Thanksgiving and are grateful for what you have. Happy Thanks-

giving!!!

This is a very brief overview. For details and specific assistance in applying the general information in this article, call us at your earliest convenience or contact your tax advisor. Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

**2020** Historic Cocoa Village Main Street Presents  
**Central Florida Car Show!**  
**Saturday**  
**November 14th 11:30AM - 2:30PM**  
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## On the Road With Rose

~ Rose Padrick

I believe I've been noticing a small lessening of the palpable stress that has been encompassing us these last months and pray it's not just wishful thinking. I'm hoping that as the holidays approach, reflections of family and food can take our minds off the worst of what is and embrace the best of what is. Family is still family whether at our table or on Zoom.

These cooler days are great for getting outdoors and we are blessed to have many places within a short drive to do just that and most are free for the enjoying. With beautiful Cocoa Village to the west and the Space Center to the north, the little town of Cape Canaveral and the

Port Canaveral get overlooked as places to visit, dine, spend a whole day or weekend. The enjoyment begins before you even get to the area as you drive east on SR 528 and take in the vistas from the top of the bridges.

Manatee Sanctuary Park, located on Thurm Boulevard, has a large pavilion with picnic tables and BBQ grill. There is a nice boardwalk over the Banana River perfect for dropping bread for the minnows and many times spotting manatees. A huge grassy area and exercise trail makes for a pleasant way to spend an afternoon, or a lunch hour, as my co-workers and I have on many occasions.

Banana River Park is at the north end of Thurm Blvd., has a game area, a pavilion with rest rooms and a canoe/kayak launch. The last time I launched my kayak I hadn't paddled more than a hundred feet before becoming the object of a group of manatees attention.

Cheri Down Park is a perfect beach gem tucked between side streets off Ridgewood Ave. With plenty of parking and a pavilion with picnic tables, bathrooms, shower, beautiful boardwalk including seating areas, and crosswalks make for

easy access to the pristine beach. Building sand castles and walking to the jetties or the pier are family activities even if it's too cool to swim.

A unique feature of the City of Cape Canaveral is the cute little side streets are named after presidents in the order they served. It made me wish I had paid more attention in class. Many of those side streets off Ridgewood Ave. offer free parking and beach access.

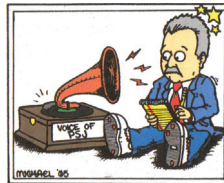
Center Street Park is a small park located at the west end of Center St. with a gazebo and a plaque reminding us there were many native peoples living here before the first explorers debarked their ships.

Taking Dave Nisbit Drive through the 'Cove' at Port Canaveral gives the slightest glimpse of what the port used to be when the fishing boats and shrimping boats unloaded their bounty and Navy ships made stops. Presently, restaurants sit where packing and processing plants used to reside and offer an abundance of fresh seafood and landlubber meals served on decks over the water. There's always a chance to be able to actually watch a Navy submarine coming or going at the turning basin. The cruise ships pass



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**2-Car Garage / Large Corner Lot**

Remodeled in 2020. Fresh paint inside and out. New carpet. Stone fireplace. Large corner lot. Eat-in kitchen with bay window. Living room also has a bay window. Check the photos online and then call to make an appointment to meet your new home! This home is ready now for a new owner. Come meet your new home!

almost within reach. Waving at the passengers has become a ritual.

The Exploration Tower offers fantastic views, exhibits that touch on culture, animals, the natural world and the Cape's fascinating space exploration history. There is ample parking and a small charge to enter.

Also at the end of Port Canaveral is Jetty Park, an iconic area of Brevard County. There are areas for tent camping, RV parking and small cabins for rent, sometimes with discounts for Brevard residents. Close-by camping can be a wonderful short weekend getaway. A large playground, restrooms, pavilions with BBQ grills, large grassy areas and abundant parking make for a great afternoon. Fishing off the rocks or the huge pier, enjoying the beautiful beach, walking the nature trail, grabbing a hot dog at the small snack shop or climbing to the roof to watch for whales are just a few ways the park can be a day long destination with something for everyone. There is a small charge and please leave pets at home.

Whatever you choose to enjoy please take only pictures and memories, and leave only footprints.

## Certified Gold Store

The Shipping Depot of Port St. John has been awarded the Certified Gold Store from the Association of Mail and Business Centers (AMBC). This certifies that your packages are packed to industry standards and that all employees have been trained through 4 levels of shipping, packing, box making, and international freight.

In addition, Eric Jones has been awarded a Master of Retail Shipping Management from AMBC.

We are a solely owned retail pack and ship store serving the Cocoa, Port St. John, Merritt Island and Titusville areas for 13 years. We service Fedex Ground, Fedex Express, DHL International, UPS Ground, UPS Express and are an Authorized USPS center.

See our ad in this issue of Happenings for all our information. The Shipping Depot of Port St. John: phone; 321-632-8681, fax; 321-632-3759 and website; [ashippingdepot.com](http://ashippingdepot.com).



## Gourmet Goodies

This fall season might be different than previous years, but that doesn't make it any less busy. Whether it's dropping the kids off at school, heading back into the office, or getting some much-needed R&R on the open road, autumn has no shortage of commitments. This is where Bacon Jam comes to the rescue.

A delectable concoction of real bacon, brown sugar, caramelized onions and apple cider vinegar, there's nothing you can't do with our Bacon Jam. Keeping the kids at bay with some cheese and crackers? Whipping up grilled cheese sandwiches? Or wish you could have that bacon touch with your toast every morning? Slap on a little Bacon Jam and you've just gourmet-ed your kitchen table.

If you want to feed the soul and help save the planet, Bacon Jam is upcycled from "less pretty" bacon slices that couldn't be sold to grocers.

With additional flavors like Maple Bourbon, Honey Habanero, and Black Pepper, your autumn meal plan covered. Bacon Jam is your deliciously shelf-stable ride-or-die. Try it out for yourself at [www.TBJGourmet.com](http://www.TBJGourmet.com).

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## COMMUNITY CALENDAR

**Alcoholics Anonymous** meets on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM.

**Women's AA** meets on Thursdays and Fridays, 10 AM. **Both AA Groups meet at St. Patrick's Church, 4797 Curtis Blvd.**

**Overeaters Anonymous** meets in PSJ on **Saturdays** at 9:30 AM at the PSJ Library. Visit [oaspacecoast.org](http://oaspacecoast.org) for other meeting locations.

**Nar-Anon:** Support group for those affected by someone else's addiction, meets on Mondays, 7:00 - 8:00 PM at St. Patrick's Anglican Church, 4797 Curtis Blvd. - [www.naranonfl.org](http://www.naranonfl.org).

### 11-1 All Saints Day

### 11-1 Daylight Savings Time Ends

### 11-3 ELECTION DAY

**11-3 Compassionate Friends Support Group** meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

**11-4 American Legion Auxiliary, Unit 359,** General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

**11-4 PSJ Startups & Founders Club,** a group for new business owners and entrepreneurs, meets on the 1st Wednesday of each month at

the Port Java in Fay Plaza. We'll begin our program at 8 AM. The Port St. John internet site can be viewed at [www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/](http://www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/).

**11-5 Canaveral Groves Homeowners, Inc.** meets on the 2nd Thursday of each month, 7:00 PM in the Fellowship Room of Discovery Christian Church, 3925 Grissom Pkwy. in the Groves.

**11-6 Brevard Women's Connection** meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Pam at 321-752-6896 or e-mail [bwc0020@gmail.com](mailto:bwc0020@gmail.com).

**11-8 Word Weavers Space Coast,** a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email [angelagardnerwrites@gmail.com](mailto:angelagardnerwrites@gmail.com) for info.

**11-8 Calling all Christian authors!** Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 PM at Cocoa library). Contact D.P. Clarke at [1royaldy@gmail.com](mailto:1royaldy@gmail.com) for more information. Print "Writers Group" in Subject.

**11-8 Multiple Sclerosis Self-Help Group** meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

### 11-11 Veterans Day

**11-16 Moonport Modelers RC Club** meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

**11-18 American Legion Post 359** meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 268-1632 for assistance with your membership or information.

**11-20 PSJ Business Connections Luncheon,** sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at 12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

**11-24 Moonlight Quilters Guild** meets at the North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month.

Meet and greet & refreshments at 6:15, meeting at 6:30 usually followed by show and tell or a guest speaker. Call 321-720-6232 or 321-720-1584 for more info.

## 11-26 THANKSGIVING

### Congratulations to:

**Trey Darville** turns **12** on the 1st.

**Elias Bennett** turns **4** on the 1st!!

**Heather Burris** turns **27** on the 5th.

**Steve Sweeney** turns wilder on the 5th.

**Nicole Crouse** turns cuter on the 7th.

**Joey Hilde** turns **29** on the 9th.

**Doreen Erickson** is the Queen on the 12th.

**Kayla Erff** turns **28** on the 12th.

**Mary Prentiss** turns **3-0** on the 12th!

**Chelsea Balparda** turns **29** on the 13th.

**Tyler Thomas** turns **23** on the 13th.

**James Maxwell** turns cooler on the 13th.

**Rita Stanton** is more charming on the 14th.

**Dawn Niehoff** turns prettier on the 15th.

**Anthony Wagner** turns **15** on the 15th!

**David Erickson** turns crazier on the 16th.

**Jennifer DiCandio** parties wild on the 18th.

**Tyler Mangiacapra** turns **27** on the 19th.

**Fred Bradshaw** turns wiser on the 19th.

**Cassie Fogarty** turns **23** on the 20th.

**Olivia Brackin** turns **27** on the 20th!!

**Cathryn Santoso** turns **31** on the 21st.

**Amy Arnone** turns **41** on the 22nd.

**Kristin Svandrlik** turns **22** on the 22nd!

**Holly Turner** turns more lovely on the 23rd.

**Aurora Mayfield** is THE BOMB on the 23rd.

**Christopher Allison** turns **18** on the 25th.

**Kim Tyner** turns **30(ish)** on the 28th.

**Deborah Pierce** turns **68** on the 30th.

**Roger and Jennifer Brunet** celebrate their 15th anniversary on the 6th!

**Kurt and Linda Bird** celebrate 49 years on the 12th.

**Jeff & Betty Couch** celebrate their 40th anniversary on the 15th.

**David and Laura Keefe** celebrate 26 years on the 15th.

**Mark and Helen Dezendorf** will have been happily married for **41** years on the 16th.

Email your inputs to email to:  
[happenings1@att.net](mailto:happenings1@att.net).

### Important Phone Numbers

County Commissioner -	264-6750
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Center	637-6670
Waste Management -	636-6894
Port St. John Library	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Space Coast Jr/Sr High School -	638-0750

## Port St. John Public Library

6500 Carole Ave., Port St. John

Lena Penna, Director

(321) 633-1867

### PSJ Library Is Open

The Port St. John Library is now open with limited hours. We are currently open 9AM-5PM Mondays-Fridays, and our curbside service will also continue.

Our Summer Reading Program has begun and we encourage families with children to check out our Facebook page for more information and weekly virtual storytimes with Ms. Glitter.

~ Mary Lena Penna

Library Director

Port St. John Library

6500 Carole Ave.

(321)633-1867

All libraries still offer curbside pickup for library holds even if the library is open to the public. Place a reserve in the computer, or call your local library, and they will contact you as soon as the items are ready to be picked up.

Please Note: Do not exit your car if the library is depositing your items in your trunk. If the library is leaving the items on a table outside, wait for the staff member/s to put the books outside and return to the library. Then you may retrieve the items and take them home. They will already be checked out to you.

All of our electronic resources and e-books are available to enjoy at any time, including online video story times.

If you do not have a library card, call your local library. They have permission to issue library cards via phone with proper identification. You will need your driver's license when you call. You may use these cards to check out eBooks and eAudiobooks.

The physical card may be picked up after the libraries re-open. We want all of our patrons to stay safe and healthy and we are doing as much as we can to assist you in that endeavor. We hope to see you soon!

Please call your local library with questions between 9 AM and 5 PM, Monday through Friday. Please check the Brevard County website for the most current information on when classes, courses and other events will start again.

Website: <https://www.brevardfl.gov/>



## Out on the Town- Salsa's, Titusville

It's so nice to be able to go out to eat again. Although some of our local restaurants were offering take out, and that was great, it's just not the same as being able to eat out, being waited on and not having to clean up. And I'm sure the wait staff is thankful to be earning more now.

My wife knows I like Mexican food, so she said we ought to try that new Mexican restaurant in Titus Landings. The place is called Salsa's. It's actually a franchise and I found that out by doing a Google search. They have a Facebook page and a link to their website, but the website only lists their Oviedo, St. Johns, and Baymeadows locations. But the menu is the same for the Titusville location.

We decided to go early, around 2:30 on a Saturday to beat the crowds. We have found that this is actually a good time of the day to eat out. The service is better since it's after the lunch crowd and before the dinner rush.

On the way there, I was picturing in my mind a little place in a strip mall, but turns out the restaurant is very large and spacious. It's got an upscale modern décor and everything is brand new and clean. They also have outdoor dining with a patio type setting, but we chose to eat indoors.

### Shred Event

The Friends of the Library will host a "Shred Event" on Saturday, November 14, from 10 am until 2 pm. There is no charge to anyone for the Shredding.

The FOTL will also be collecting non-perishable food items for local food banks.

Friends of the Library donates all funds from the used book sale - in the back of the library - right back to the library. This is an important part of revenue for the library. Please take a look at all the books that are for sale the next time you are in the library.

**Please come and join us!**

FRIEND  
YOUR  
LIBRARY

As we walked in, we were immediately greeted and taken to a table/booth. No sooner than we were seated, someone came by with a basket of warm homemade tortillas, a bowl of salsa and took our drink orders. That's when I found out they have Coors Light on tap! I told my wife I like this place already.

Not too long after we got our beers, the waitress came by to take our orders. My wife ordered the grilled chicken chimichangas with a side of shredded beef empanadas. I got the ground beef burrito with a shredded beef taco on the side. We ordered off the lunch menu, but the portions were large. In fact, my burrito was about 8 or 9 inches long, taking up the whole plate. Everything was very delicious. I prefer beef in my Mexican dishes, but my wife's grilled chicken chimichanga was out of the world. The beef empanadas were stuffed with shredded beef and the crust was flaky and cooked just right.

Other than the salsa being a little weak in the heat area, I can't think of anything negative. The food was fantastic, the prices are reasonable, the portions are ample and the service is extraordinary.

Salsa's is open everyday from 11 am to 10 pm except for Sunday's when they close at 9 pm. They are located in the section of Titus Landings right across the parking lot from the theaters and the Harley Davidson dealership.

We most certainly will be back. Hopefully they will continue to have Coors Light on tap. Although next time I'll ask if they have a salsa with a little more kick.

- Ken Carson



Post 359 - American  
Legion Riders presents

### Bike Days at the Tiki

Saturday, October 3rd - 5:00 p.m.

Good food on the grill with Fixin's, \$6.

Listen to live music.

Drawings, 50/50. All proceeds to benefit veterans and veterans' families.

7260 S. US Hwy. 1 Bellwood (just north of Port St John), 321-268-1632.

Contact Joe Marino, Events Coordinator, American Legion Riders Post 359 at [info@alr359.org](mailto:info@alr359.org) or visit our website, [alr359.org](http://alr359.org), for more information.

# Halloween 2020 - It's A Scary Year

Many traditional Halloween activities can be high-risk for spreading viruses. It's always been a challenge due to flu season. COVID-19 has raised the challenge. If you may have or you may have been exposed to someone with COVID-19 or flu, you should not participate in in-person Halloween festivities and should not give out candy to trick-or-treaters.

## **Avoid these higher risk activities to help prevent the spread of the virus that causes COVID-19:**

Participating in traditional trick-or-treating where treats are handed to children who go door to door.

Having trunk-or-treat where treats are handed out from trunks of cars lined up in large parking lots.

Attending crowded costume parties held indoors.

Going to an indoor haunted house where people may be crowded together and screaming.

## **Moderate risk activities:**

Participating in one-way trick-or-treating where individually wrapped goodie bags are lined up for families to grab and go while continuing to social distance (such as at the end of a driveway or at the edge of a yard).

If you are preparing goodie bags, wash your hands with soap and water for at least 20 second before preparing.

Having a small group, outdoor, open-air costume parade where people are distanced more than 6 feet apart.

Attending a costume party held outdoors where protective masks are used and people remain 6 feet apart.

A Halloween mask is not a substitute for a cloth mask. A costume mask should not be used unless it is made of two or more layers of breathable fabric that covers the mouth and nose and doesn't leave gaps around the face.



Do not wear a costume mask over a protective cloth mask because it can be dangerous if the costume mask makes it hard to breathe. Instead, consider using a Halloween-themed

cloth mask.

Going to an open-air, one-way, walk-through haunted forest where appropriate mask use is enforced, and people can remain more than 6 feet apart.

If screaming will likely occur, greater distancing is advised. Screaming and shouting extends the distance of particles sprayed and the risk of spreading a respiratory virus.

Visiting pumpkin patches or orchards where people use hand sanitizer before touching pumpkins or picking apples, wearing masks is encouraged or enforced, and people are able to maintain social distancing.

Having an outdoor Halloween movie night with local family friends with people spaced at least 6 feet apart.

If screaming and/or shouting will likely occur, greater distancing is advised. The greater the distance, the lower the risk of spreading a respiratory virus.

Lower your risk by following CDC's recommendations on hosting gatherings or cook-outs.

## **There are several safer ways to participate in Halloween. Lower risk activities:**

These lower risk activities can be safe alternatives:

Carving or decorating pumpkins with members of your household and displaying them.

Carving or decorating pumpkins outside, at a safe distance, with neighbors or friends.

Decorating your house, apartment, or living space.

Doing a Halloween scavenger hunt where children are given lists of Halloween-themed things to look for while they walk outdoors from house to house admiring Halloween decorations at a distance.

Having a virtual Halloween costume contest.  
Having a Halloween Movie Night with people you live with.

Attending Drive-In Movie In the Park.

## **Halloween Movie in the Park**

Drive-In Movies In the Park was rained out on October 17th, but *Goonies*, rated (PG), will show at Fay Lake Wilderness Park, 6300 Fay Blvd., (west end of Fay Blvd.) on Halloween.

The event will start at 8:00 PM, movie at 8:30 PM (dark).

Weather permitting, the food truck No Ordinary Burritos is expected to attend. Be hungry!

This is an old-fashioned drive-in theater event. There are plenty of parking spaces and the sound will be broadcast on FM radio 97.9 so you can listen from your vehicle or a portable radio. Social distancing will be easy with your tailgate, lawn chairs or a blanket.

**There is no admission cost.** Yes, you can bring your own food and drinks.

This is a great chance to get out of the house and get some fresh air while sharing a great experience with the kids. Happy Halloween!

For more info, contact Chris Clark, NAPO Youth Programs & Special Events Coordinator, (321) 264-5105.

BREVARD COUNTY PARKS & RECREATION | NORTH AREA PARKS

# THE GOONIES

Drive-In MOVIES at the Park

#Halloween | #MoviesInThePark

SAT, OCT 31, 2020  
8:00 PM - 10:00 PM

## THE GOONIES

**PG**

Fay Lake Wilderness Park  
6300 Fay Blvd,  
Port St. John, FL  
32927

in Partnership with:

Brevard County  
SOLID WASTE MANAGEMENT  
RECYCLE PROGRAM  
"RC the Recycle Cat"

FOR MORE DETAILS & UPDATES  
VISIT OUR EVENTS PAGE:  
Facebook@BrevardParks

Thank you Marketing Partners!

\*Movies in the Park is FREE to attend!

A movie poster for "The Goonies" featuring a skull wearing a pirate hat and a treasure chest filled with gold coins. The background is a map with a compass rose.



## Rose's Room

~ Rose Padrick

Again I'm praying all you readers, families and friends are healthy and in good spirits. To those of you who have faced or are facing illness or joblessness, please know you are not alone. There are many people thinking of you and praying for you. On the same note, if you know someone who is having a hard time, please take just a moment to reach out to them.

Here they come! Like the old movie *The Blob*, the Holidays are steadily advancing and there is no escape. By the time my tap-tapping sees daylight we will all find ourselves totally engulfed in a Blob of 'Buy this and buy that.' Also like the movie, certain of us will never be seen again... the ones who are disintegrated are called wallets and bank accounts.

Like many others, our family is going to forgo the ladies' shopping trips and lunches and the guys gathering at whoever's house has the biggest TV, hopefully replacing those traditions with some kind of outdoor time. I'm thinking things like Hide and Seek or Tumbling in the park. I'm also thinking my teenage grandchildren's reactions to said suggestions is going to be a cause for loud Grammy guffawing.

There's no question this year will be much different than ones past. Traveling over the river and through the woods to grandmother's house may not be the best thing we can do at this time, but with a little ingenuity and forethought we can manage a passable similarity. Thank The Big Guy for making people smart enough to invent devices that enable us to see loved ones in another state or just another house.

I'm so looking forward to Zooming or Zapping or whatever it is that my daughter keeps babbling about as she holds my phone and points to various Apps or Slaps or whatever the blasted things are called while I nod my head and murmur, "Humm...OK, I got it," when in reality I'm just wishing she would shut up already so I can continue to follow the latest trials and tribulations of The Bush People.

Each of our families will be having a Thanksgiving dinner and blasting their images to others of us through the interweb so we can kind-of be together at least from the waist up. Being a tad twisted and looking for a smile wherever I can

find or share it, I can't help but visualize reactions should I happen to accidentally let my supposed choice of apparel from the waist down slip.

It does appear most of us will be able to get together for Thanksmas again this year. Hopefully we'll be able to do it in a park using disposable everything, incorporating lots of antiseptic, unfortunately not lots of hugging, but an overdose of love and 'Remember Whens.'

I don't know when or why my lovely offspring began enjoying my retroactive panic attacks brought on by some of their 'Remember Whens.' Other families repeat how wonderful it was to play together and how they made sure to include each of their siblings... The last time all of my babies were together they laughed as a group at my reaction to the unveiling of a 'them rolling a pesky little brother in a sheet and standing him in a corner' memory.

Friends of siblings remember how they stood up for each other against schoolmates' harassment... My daughter revealed that the short time in junior high that she seemingly became so very popular, my son had sold her phone number to the creepiest guys in school.

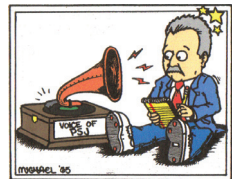
My sister told me how she really enjoyed the times her two late teen daughters picked her up

and took her to lunch, just like grown adults... It has recently been revealed my own two lovely girls did something that was called a Fire Drill (jumping out of the car at a stoplight and changing drivers.) when they were on their way to meet me.

I'm so very blessed to have such a close and loving family. I'm truly happy that they can laugh together even though I seem to be the object of said laughter. I'm also planning to make sure that among all the special and wonderful dishes we will be sharing, vengeance is certainly best served warm.

Please make time in your day and life to pick up the phone and tell someone you love them. Should you share a memory that will raise their eyebrows, all the better.

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RUDOLPH & MORE

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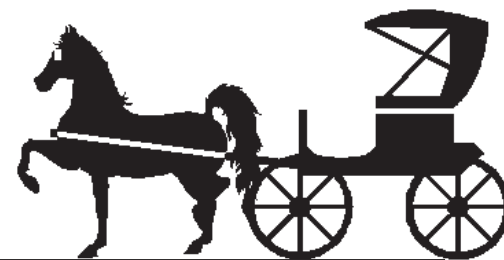
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## Fruit From The Groves



Firstly, I'd like to thank Paul (VP/HOA) for standing in for the current meeting. I had to be out of town that evening.

Meetings are not well attended. One of the discussions was what to do about the HOA. Apparently, people don't realize what the HOA does.

In the past, we have supported many of the volunteer agencies in the area, given out citizenship awards at Fairglen Elementary School, awarded scholarships for people in the Groves so they could continue their education, and money to build the stage at Fairglen Elementary. These are only some of what we have supported over the years.

The HOA in the past has brought in candidates to talk about what they would like to do for the Groves if elected. We've brought in speakers for things that directly effect the Groves, such as the train, storage boxes and the conditions of the roads. At a lot of the meetings, Brevard County Sheriff's Office comes in and updates what is going on in the Groves.

Please attend the November meeting on the 12th. This meeting will be to hold nominations for the Board members & officers of the association. These positions must be filled for the continuation of the HOA. Also, there is a continuation of discussion about the status of the HOA. All members need to attend because at the December meeting, there will be an election. Many of the current members have been with us for years and some would like others to help.

In October there was an incident in the Groves where some thefts occurred at night and attempted thefts at a vacant home under construction. This was done by 2 black males and a white female with a blue Chevy Silverado pickup truck. They apparently fled via Adamson Road. This is not the only incident that was reported. Others

have unknown subjects and vehicle descriptions.

Please secure gates if you have them and report suspicious activities to Brevard County Sheriff's Office. It is the only way to keep the Groves safe.

Our next meeting will be on November 12, 2020 at 7pm. It will be held at the hall of the Discovery Church. Please attend!!!

- Ed Silva

## Registration Underway for Central Area Holiday Parades

Brevard County Parks and Recreation is now taking applications for the Merritt Island and Cocoa/Rockledge Holiday Parades. The 2020 parade theme is Holiday Movies. Mindy from "Mike and Mindy in the Morning" Lite Rock 99.3, will emcee the parades.

The Merritt Island Holiday Parade will be held Saturday, December 5, with step-off at 10 a.m. The parade will travel from Grove Boulevard at Merritt Island High School, south on Courtenay Parkway (SR-3) to Edgewood Junior/Senior High School on Merritt Avenue, Merritt Island.

The Cocoa/Rockledge Holiday Parade will be held on Saturday, December 12, with step-off at 3 p.m. The parade will travel north on Florida Avenue at Rockledge High School to Brevard Avenue and conclude at Lee Wenner Park, Cocoa.

Parades will be held in accordance with state and local government guidelines regarding Covid-19; face coverings, social distancing (when applicable) and a completed Covid-19 Indemnification form will be required for all registered participants in staging areas and throughout the duration of the parade.

For additional information about the parades, please call 321-633-1874. Applications for the parades are available by calling 321-633-1874 or emailing [rhonda.mcconnell@brevardfl.gov](mailto:rhonda.mcconnell@brevardfl.gov).

## 5 Steps To Prepare For Telehealth Visits

To protect our patients and their families during COVID-19, Parrish Medical Group expanded telehealth services. Through telehealth and virtual appointments, patients can access the care they need without leaving their homes with no out-of-pocket costs.

**Set-up Your Technology:** Ensure your webcam and speakers are turned on, practice a trial run with a family member through your smartphone, computer or tablet.

**Create a List of Notes & Questions:** Include all current medications, any changes in diet, sleep or energy levels, along with health questions and concerns for the nurse or doctor.

**Gather Medical Supplies (if applicable):** Thermometers, blood pressure cuffs, pulse oximeter may be necessary if you use any of these supplies. If you have a scale at home, weigh yourself before your appointment. Our staff appreciates your ability to provide vital health statistics.

Relocate to a comfortable, quiet space in your home.

Have a notepad and pen on-hand and let family members know your appointment will require privacy.

**Take a Few Moments to Prepare:** We understand these are unusual circumstances. Our staff is prepared to help you through your appointment. Take notes, ask follow-up questions and implement the doctor's recommendations.

Parrish Medical Group is accepting new patients, most insurance accepted. When you choose Parrish Medical Group's team of board-certified physicians, you're choosing health care experts for life.

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## Daily Stretches: Increase Flexibility & Decrease Injury

A lot of people have been working from home and skipping a lot of their normal activities going out and about. Too little activity can lead to stiff joints and muscles that just don't react as fast or smoothly as they normally do, and that can lead to injuries, or increase the possibility of being hurt from a simple accident. Here's some help from Parrish Medical Group with some simple stretches to keep you supple, strong and ready for your day, every day.



By Kellie Way, PMG Director, Athletic Training

### NECK

- Angle chin to each armpit. Hold for up to 30 seconds.
- Look left, right, up and down. Hold each position for up to 30 seconds.

### UPPER BACK AND SHOULDERS

- Roll shoulders back while squeezing shoulder blades together and down 20-30 times.
- Interlock fingers in front of you with outstretched arms and round shoulders holding for 10-15 seconds.
- Stand in a doorway with arms up on each side and step forward slightly to stretch. Hold for up to 30 seconds.

### LOWER BACK AND LEGS

- Lay on your back, hug one knee into your chest one at a time holding for up to 30 seconds.
- Lay on your back, use a rope to loop around your foot and while keeping your leg straight, pull the rope towards your chest and hold for up to 30 seconds.
- Lay on your back, bring your knee across your chest to the opposite shoulder and hold for up to 30 seconds.
- While standing, keep one leg back and straight and the other is forward and bent. Lean into a wall to stretch the leg that is back and hold for up to 30 seconds.

As your bone, muscle and joint health care partners, we believe in blending the art of healing with the science of advanced medicine to keep your body in motion.

## Walter Butler Community Center - November, 2020

Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 - 8 p.m., Fridays from 9 a.m. to 6 p.m. and Saturday 10 a.m.-2 p.m. Schedule is subject to change. Call 321-433-4448 for latest information.

### Limited Summer Camp

Summer Camp is available to ages 6-11 at community centers throughout the county for parents who are returning to work. **A note from an employer will be required to register.**

At this time no day registrations will be accepted, only weekly.

Camp will be offered from 7:30 a.m. – 5:30 p.m. on Monday through Friday. Camps will include mandatory temperature checks for camp-

ers and staff members. Children will not be admitted if their temperature is 100.4 degrees or higher. Activities will be restricted to abide by CDC recommendations and there will be no field trips. Children will be in groups less than nine with one counselor to each group and socially distanced. Camp fees will be \$90 per week or \$45 for neighborhood strategy areas. Registrations will be accepted online, phone and in person.

Meet your neighbors and stay informed of Events & Community Happenings!

### CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



Name \_\_\_\_\_  
Address \_\_\_\_\_  
E-mail \_\_\_\_\_  
Phone \_\_\_\_\_ May we include your phone number on our membership roster to CGHI members? Yes  No

Won't you come join us? We meet the 2nd Thursday of the month at Discovery Church, 3925 Grissom Pkwy. at 7:00 PM. [www.CanaveralGrovesHOA.com](http://www.CanaveralGrovesHOA.com)

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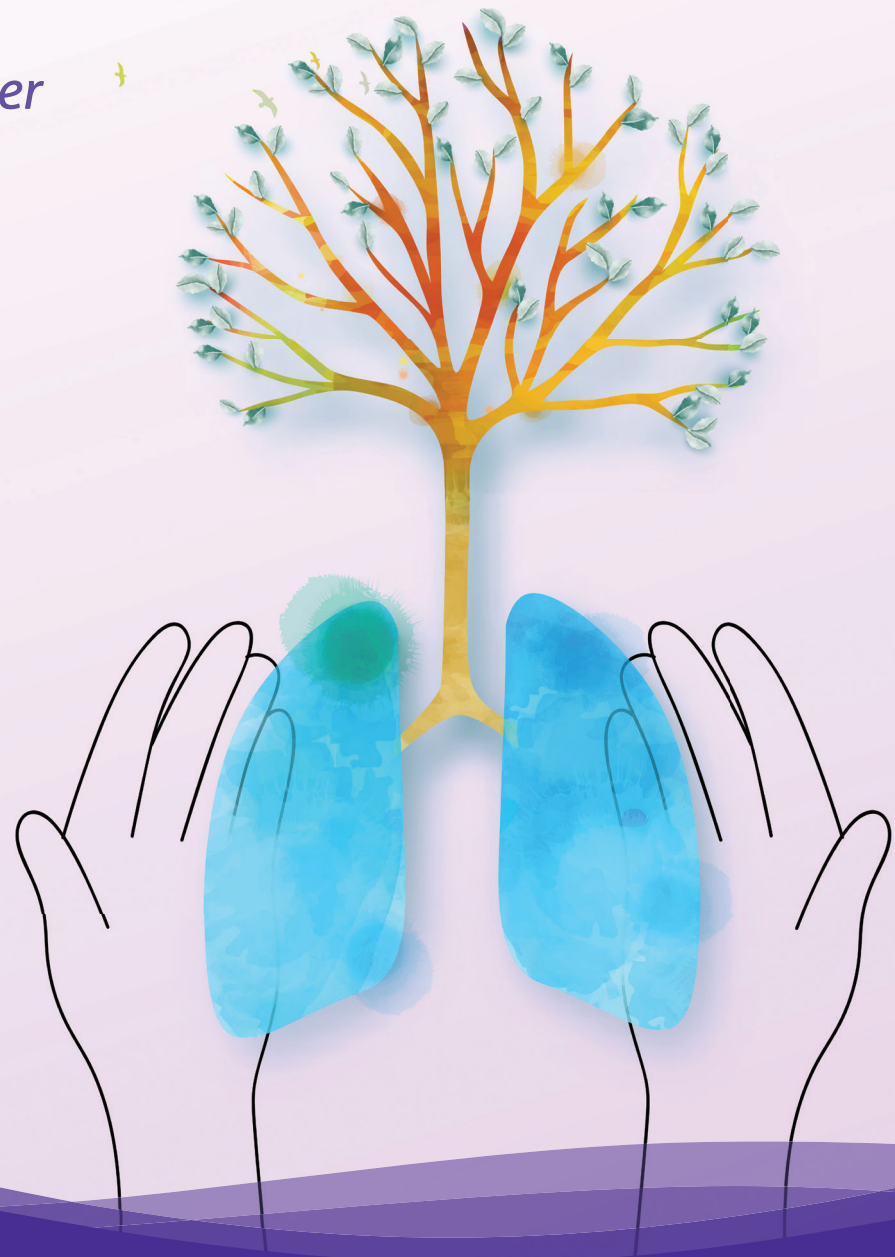
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